Elite Living and Health 24 Makamah Rd Northport NY 11768 https://eliteliving.health 516-376-2177

Annual Physical Form

Name:	DOB:	HT:	WT:	Date:
BP:	HR:	RR:	PO:	Temp:

Allergies:

Medications:

Current Problem List:

Exercise/Wellness/Nutrition:

Strength Training:
Cardio:
Diet:

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Medical and Surgical History:

Risk Factors/Social History/How Often:

Alcohol:	**Caffeine:**
Smoking/Any Form of Nicotine:	
Drugs:	

Other recommendations/Referrals:

Physician Name:	**Date:**
Physician Signature:	